



Benhall P.E. Long Term Plan 25/26

2024/2025	Autumn		Spring		Summer	
	1 st half	2 nd half	1 st half	2 nd half	1 st half	2 nd half
EYFS	Fundamentals	Fundamentals	Gymnastics	Dance	Ball skills	Games
Y 1/2	Fundamentals Fitness	Team building Ball skills	Dance Target games	Gymnastics Sending and receiving	Net and wall Invasion	Athletics Striking and fielding
Y 3/4	Fundamentals Ball skills	OAA Football	Dance Yoga	Gymnastics Netball	Cricket Swimming	Athletics Swimming
Y 5/6	Football Netball	Rugby OAA	Dance Hockey	Gymnastics Basketball	Cricket Rounders	Athletics Tennis